



ARBETARNAS  
BILDNINGSFÖRBUND

# Tutorial

## how to knit a shoe



In May 2011 I'd knit a pair of shoes, I've seen knitted shoes on the internet but didn't find anyone that was like I imaged it so I decided to knit a pair!, it took about 1½ week for me to measure, knit and glue them together.

I added picture to my ravelry project and got A LOT OF LOVE and great feedback so I thought that I may do a tutorial on them! This will be an tutorial to a one color shoe but if you got a fav. chart for some stranded knitting; use it! As you see is the pics in the tutorial from two different pair of shoes.



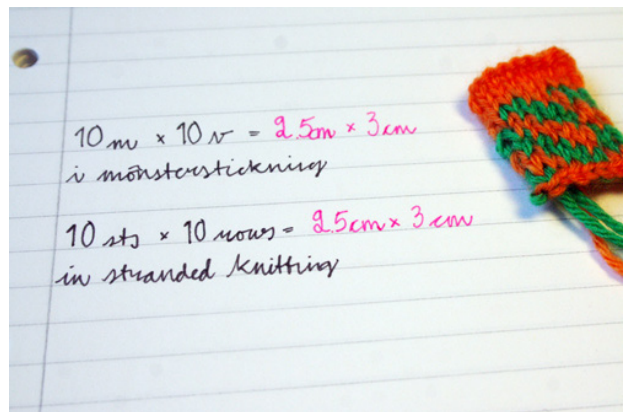
### You need:

A pair of canvas shoes; I used a pair of high-tops but you can use any pair of canvas shoes, the only thing is that they should be comfortable.

- Yarn
- Knitting needles
- Eyelets (grommets)
- scissors
- Glue (both super glue and for textiles)
- Brush for the glue
- Measurement tape
- Paper
- Pencil

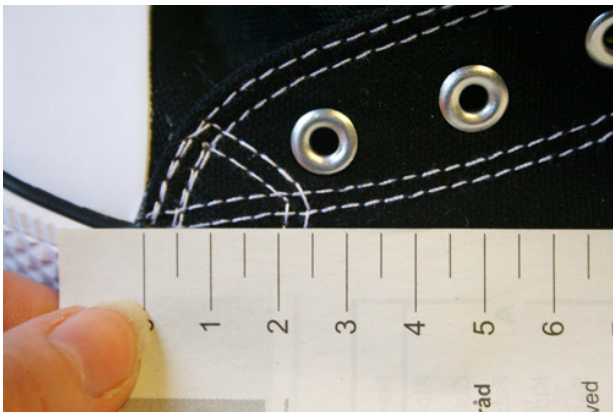


Start by removing the laces!



knit a piece 10 sts x 10 rows to measure the gauge, this is important for later measurements, if you are going to knit the shoes in stranded knitting so knit the test in stranded as well, it's important for gauge.





Now it's time to measure the shoes and where you start doesn't matter, start with the piece you want to knit first, I started with the tongue, and I measure and knit at the same time when I make the holes and increases and decreases but you can of course do that in advance and remember to do the holes for the eyelets!



When all pieces is knitted it's time to start to glue, I knitted my shoes in 4 pieces: inside, outside, tongue and back.

How I knitted my pieces is shown in the chart in the end of this tutorial.



Time to remove all of the eyelets, I used a flat tongs and just pulled them from the fabric, some of them are easy and some are harder to remove, just be careful so you doesn't make the hole larger since it may be difficult to fit in the new once.



FINALLY! Time to glue!  
Start with the tongue; glue the hem with super glue, as close to the sole as possible.





And then you glue the rest of the tongue with textile glue, remember the edges!



Now it's time to glue the rest of the shoe, start with the seam in the center back and then continue with the edge at the top and then glue the rest of the shoe, remember the holes, the ones on the knitted fabric got to fit the once on the shoes.



Put the eyelets at place, cut the yarns and glue the hem as close to the sole as possible with superglue, just like you did at the tongue. Then you glue the last part, the center back part.



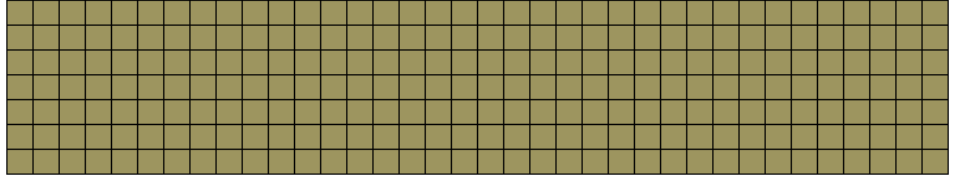
The backside!



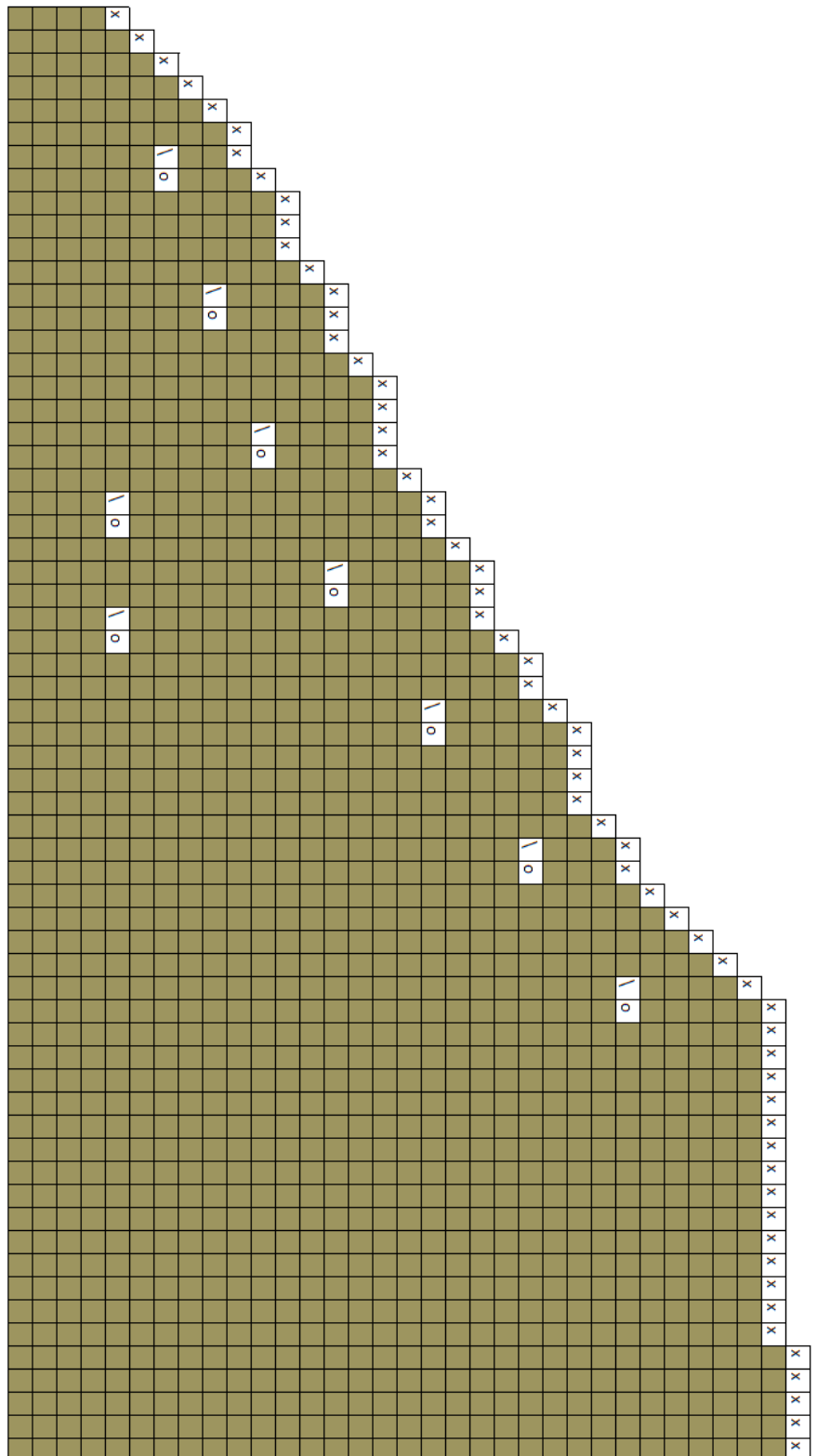
The last thing you to is to braid a braid with two strands in every strand and glue this one on to the edge.

# Chart

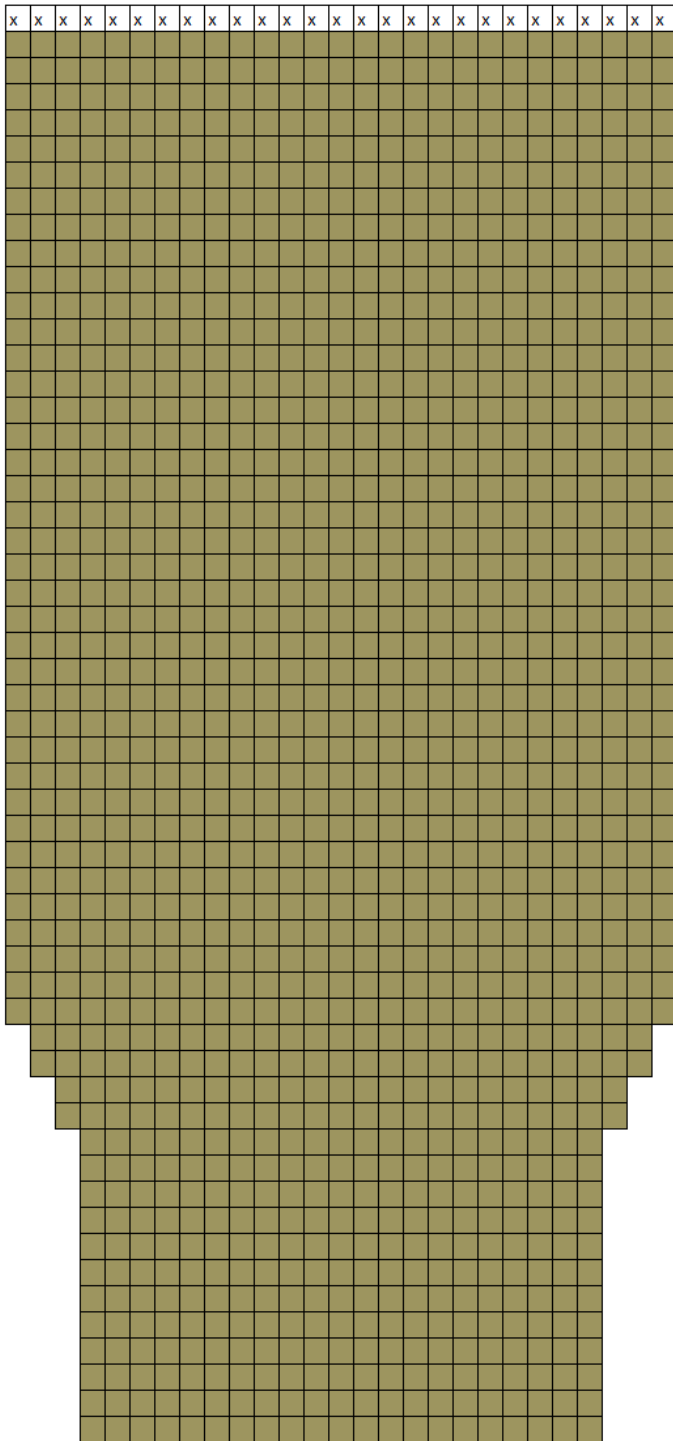
Center back



Side







Tongue

